



## Soaring Together: *Building a Stronger Community*

Dear Falcon Families and Community Members,

Welcome to our latest Community School newsletter! We're excited to share some of the incredible initiatives and programs that are helping our Rubidoux Falcons SOAR with PRIDE. As we continue to embrace the Community Schools pillars, we're seeing remarkable growth and connection throughout our school community.

### LEARNING WITHOUT LIMITS

## Integrated Student Supports

### Wellness Wednesdays

Students can find a peaceful haven in our Wellness Center during lunch on Wednesdays. It's a great place to relax, play board games, and prioritize mental health. On specific days, we lead engaging activities for our students.



### Falcon Closet



Our Falcon Closet has the essentials a student may need to be successful. We will soon expand and open the Falcon Laundry Room for students to take care of their laundry during school hours! Stay tuned for the opening ceremony.





## Thriftig Thursday

Monthly "Thriftig Thursdays" at the Falcon Closet allow for everyone to find that special item their wardrobe needs.

Special shout out to NEA-J who donated backpacks, books, school supplies, lunchpails, personal hygiene items, shoes, and detergent to the closet!



## Wellness Fair and Club Rush

Peer Leadership collaborated with the Falcon Wellness Center to host the first semester Wellness Fair. The event focused on helping students transition from their "summer brain" to their "school brain". Students shared valuable resources available at RHS, promoting strategies for a successful school year.

Simultaneously, ASB organized Club Rush, creating a space for students to explore the various organizations at Rubidoux. This encouraged students to discover meaningful connections and to get involved in campus life.

## Expanded and Enriched Learning Time and Opportunities

### Farmer's Market

JUSD Nutrition Services and Aziz Farms teamed up to bring a presentation to our Falcons about sustainable agricultural practices and insights into the importance of buying locally to support our community. Students not only learn but also enjoy delicious fruits and vegetables.





## Support Groups for Students

We partner with various organizations to help our students understand that mental health is just as important as physical health. These groups discuss ways to cope with feelings like sadness, worry, and stress. These organizations teach and model essential communication and leadership skills, equipping students to navigate challenges and build resilience

Our aim is to show students that it's okay to ask for help and that there are many ways to manage life's stressors effectively.



## Attend Today, Succeed for Life

Celebrating School Attendance at Six Flags! Congratulations to our 13 students with perfect attendance. You are all role models!

Keep up attending and achieving, Falcons!

## School Partnerships

### Walk to School

Much fun partnering with Rustic Lane for their annual Walk to Schools day



Students and staff gathered at RHS to enjoy the sunrise before walking to school.

### Folklorico Presentations

Our Folklorico class loves to share with others what they have learned about their culture. Interested in the class? Ask your Guidance Counselor!



Folklorico group performed for Mira Loma Middle School's Day of the Dead Festival.

### Mathletes

Everyone can use a helping hand with math! RHS Mathletes started tutoring at MMS in addition to RHS.

Together, #Leveling Up as community.



Mathletes helping with tutoring at Mission Middle School



50 falcons celebrating attending to school everyday on time.

## Book Buddies

Book Buddies is a program made for students to go to four elementary schools and read to multiple classes. Literacy coaches train our students to ensure that they are comfortable and know what they are doing. We have over 100 students who signed up this year.



Book Buddies in action at Ina Arbukle

## Collaborative Leadership and Practices

### Falcon Festival



Falcon Festival, hosting all falcons and their families to have a good time.

## Active Family and Community Engagement

### Family Workshops

We love sharing information with family members and friends. So far, at RHS we have had:

- Computer Basics – How to support your students success digitally
- Tips for Social Media – How to keep our youth safe

### Up Next:

1/16/25 4:30 PM	Zumba Toning	
3/4/25 9:00 AM	Drug Awareness	
4/1/25 6:30 PM	Zumba Toning	
4/29/25 9:00 AM	Citizenship Workshop	
RHS: DELIA TOSCANO NGUYEN	RL: MELISSA MARTINEZ-LANZ	
MMS: CHELSEA BLACK	IA: KARMINA COOK	
WR: MARTHA RODRIGUEZ		

Updated: 8/30/24



ELAC parents visiting the Wellness Center

### Other meetings to add to your calendar!

- ELAC next meeting: Jan 16 at 9 AM
- Parent Empowerment next meeting: Feb 13 at 9 AM

We would love to host a family fun night. If you are interested in a Paint Night or a Beading Night [let us know by clicking here!](#) or call or email us!

Contact information can be found at the end of the newsletter.

### Annual Thanksgiving Food Distribution

A special thank you to Kidz Come First for donating food items for our 6th Annual Thanksgiving Food Distribution event.



Our wellness center staff at the front of school distributing food bags.

The Falcon Festival brought our school community together for an evening of fun, food, and festivities. Students, families, and staff enjoyed exciting activities, delicious food from local vendors, and a variety of games that highlighted the spirit of Rubidoux. The festival was a great opportunity to celebrate our school pride and build stronger connections within our community.

Thank you to our community vendors who donated a portion of their sales to next year’s festival:

- Woody’s Shaved Ice
- Pizza Plugg
- Tacos Bonilla



Falcon Festival overview – Getting ready to start the fun!

### Needs and Assets

We are reviewing the data gathered from staff, students, family, and community members from our last community school’s surveys to guide our school’s direction.

Stay tuned for the school’s one-page report!



Staff analyzing and synthesizing data



Data Science class with table lead, Mr. Santiago, analyzing and synthesizing data

## Falcon's Nest

We're excited to announce a new name and identity for our Wellness Center! To better reflect our growth and the comprehensive support we provide, we are now The Falcon Nest.



The Falcon Nest, located in Room 602, will serve as your starting point for:

- Initial triage and guidance
- Outreach Services
- Community School Support

From The Falcon Nest, you can access additional resources:

- Falcon Washroom, Pantry, and Closet: Located in M-O
- District (PICO) Behavioral Health and Partnership Offices: Rooms 600 and 601

This rebranding reflects our commitment to creating a welcoming and organized hub for all our services.

Thank you for joining us as we continue to grow and support our community!

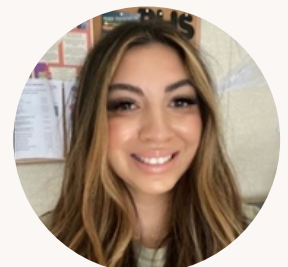
## Get to know the different roles housed in the Falcon's Nest!

### Falcon Nest: 602

Outreach Services  
**Anna Avila**

Assistance with:

- Connecting families with resources throughout the school, district, and community
- Linkage to basic needs, counseling, medical, insurance and community programs





Community School  
Delia Toscano  
Nguyen

- Connecting students, families, and the broader community
- Coordinating programs and events
- Focus on fostering student success, strengthening family engagement, and enhancing campus culture through collaborative initiatives and community-driven solutions



Falcon Support  
Lizbeth Reynoso-  
Sanchez

- Initial triage and guidance
- Office Support



### District (PICO) Behavioral Health and Partnership Offices: Rooms 600 and 601

#### Behavioral Therapist:

- 1-1 student therapy
- Set scheduled meetings

#### Peer Specialist

- Support for behavioral therapist caseload.
- Set scheduled meetings

#### Behavioral Health Intern

- Under supervision, guide student groups as needed

#### Support Organizations

- Support with small student groups or 1-1 for screening and presenting of student groups

(for more information refer to page 3)



## Have any questions, comments, or suggestions?

Contact the Falcon Nest's main hub: 951-222-7700

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Hablamos Español

Two pinecones and a snowflake are positioned in the upper left quadrant of the card. The pinecones are dark brown with white snow on their scales, and the snowflake is white and six-pointed. The background is a vibrant red with a pattern of small white snowflakes and golden bokeh lights.

*Happy Holidays*



*See you all on January 13th!*

Pinecones and a snowflake are positioned in the lower right quadrant of the card. There are three pinecones and one snowflake, similar to the ones in the top left. The background continues the red theme with snowflakes and golden bokeh lights.



IN ●  
**Loving**  
MEMORY OF



**JIMMY RODRIGUEZ**

1950 - 2024